Margaret and Charles Juravinski are helping make something great even greater

Generating generosity – Margaret and Charles Juravinski thank Patricia Gagic (centre) and her husband Dr. Ned Gagic, a Hamilton Health Sciences surgeon (not present), for donating $25,000 to the Cornerstone of Care Campaign. The Juravinskis will match the $25,000 donation as a part of their $1 = $2 appeal.

“When people think about generosity and philanthropy, they will always think of Margaret and Charles,” said Hamilton Mayor Larry Di Ianni to the applauding crowd of staff, patients and media on September 5, after Margaret and Charles Juravinski announced that they would be donating $15 million to Hamilton Health Sciences.

The philanthropists have already given Hamilton Health Sciences $8 million – $5 million to support redevelopment of the Juravinski Cancer Centre, $2 million to help build Hamilton General’s new state-of-the-art cardiac operating rooms and $1 million to establish a surgical endowment fund. But their latest announcement to donate $15 million goes down in history as the largest single gift ever made to a health care organization in south central Ontario. The gift will support the redevelopment of Henderson General Hospital, specifically enhancing the care of cancer patients.

Always eager to encourage others to give, the Juravinskis have added a twist to their $15 million gift. They have set aside $5 million of the $15 million as a challenge and will only pay out when the community and staff step up and donate. “We know that not everyone can make a big donation, but every little bit helps,” said Charles. “So, whether it’s $1, $1,000 or $100,000, when the community and staff step up and donate. “We know that not everyone can make a big donation, but every little bit helps,” said Charles. “So, whether it’s $1, $1,000 or $100,000, we’ll match all the donations Hamilton Health Sciences receives between now and December 31, 2006 up to $5 million. Thank about it. Dig into your pockets and you’ll be amazed about how good it feels to give.”

In fact, some people are already stepping up. Dr. Ned Gagic, a Hamilton Health Sciences surgeon, and his wife, Patricia, are good friends with the Juravinskis. Upon hearing that Margaret and Charles would be donating $15 million to the Cornerstone of Care Campaign, they responded with a $25,000 donation of their own. “We were motivated to give after finding out what Charlie and Margaret gave,” said Dr. Gagic. “Plus it was a great anniversary gift – rather than give them money, we decided we’d give it to the Henderson.”

The Juravinskis hope this is only the first of many donations to come. “On behalf of our patients, staff and the community, I would like to thank the Juravinskis for their remarkable generosity,” said Murray Martin, President and CEO of Hamilton Health Sciences.
Margaret and Charles Juravinski want to double your money

Margaret and Charles Juravinski aren’t magicians but between now and the end of December, they will double your money! There’s a catch however: It has to be a donation to Hamilton Health Sciences’ Cornerstone of Care fundraising campaign to $50 million. An additional $5 million from Charles and Margaret Juravinski, plus $5 million from the community will ensure the campaign surpasses its $100 million goal.

Redevelopment at the Henderson underway

New and improved – Above is a rendering of what the Juravinski Hospital and Cancer Centre will look like once the Henderson is redeveloped. The hospital is being renamed as a thank you to Margaret and Charles Juravinski. The philanthropic couple has given $43 million to health care causes in Hamilton.

The transformation of Henderson General Hospital is the most complex and costly redevelopment project currently underway at Hamilton Health Sciences. When complete, nearly three-quarters of the existing hospital or approximately 425,000 square feet will be redeveloped.

Construction will upgrade and expand inpatient and outpatient services to provide acute care support for the Juravinski Cancer Centre, the arthroplasty program (joint replacement) and general hospital services. The project is estimated to cost about $150 million and will begin in 2007.

The circa 1954 facilities will be redesigned and restyled to accommodate changes in practice, increased patient volumes and the need for larger, more sophisticated equipment.

The redevelopment hospital will be a five-storey state-of-the-art facility with 250 beds. Approximately 40 percent of the new inpatient rooms will be dedicated to cancer care and roughly two-thirds of these will be private. This is an extremely important feature for cancer patients, says Cathy Lovett, Capital Development project leader for the Henderson.

“Families and friends are very involved in their loved one’s care,” she said. “We acknowledge comfort and support for the patient and his or her family. Members of the care team were very involved in the room design and provided great feedback on things like where equipment and furniture is placed, to be convenient for the patient,” added Cathy.

The massive project will affect most areas of the hospital and will be completed in two stages. All work will be finished without negatively impacting ongoing services at the hospital. First phase activities will focus on oncology inpatient and outpatient units, operating rooms, diagnostic imaging (X-ray) and will include a new Palliative Care Unit, critical care services and a variety of support areas, including a pharmacy and an outdoor healing garden.

A new Emergency Department (ED) will be a key component of the Henderson project. The department will be modern and include comfort features such as larger waiting rooms, wider corridors and a brighter environment. As part of the redesign, a new one-way road will be built opposite Upper Sherman Avenue that will lead to the ED, which will be located on the east side of the building along the Sherman Cut.

Orthopedic care and outpatient or day services will also be conveniently located near the main entrance while inpatient...
services will be situated further inside the building.

In addition, redevelopment will also include the construction of three new operating rooms. This will bring the total number of operating room suites at the Henderson to nine. Additional capacity will help to reduce lengthy waiting lists for procedures such as hip and knee replacements and cancer surgery.

All diagnostic imaging services will be consolidated into one large unit within the new section. Currently these services are spread throughout the hospital in four locations. The new design will also include reserved space for a future PET/CT (Positron Emission Tomography/Computed Tomography), a powerful piece of equipment used for cancer diagnosis.

In preparation for construction, relocation of hospital services is currently underway. The first major sign of redevelopment will be the demolition of the southeast section of the Henderson, scheduled for next fall. At that time, the main entrance will be temporarily relocated further west down the building, closer to the cancer center.

Throughout her career, Nora-Frances encouraged women to take their place in the community. In particular, her words of encouragement led to the appointment of many women to boards of local organizations.

Nora-Frances Henderson is an important figure with an undeniable passion for caring and will continue to be part of Hamilton Health Sciences’ history. Although the Henderson Hospital will be renamed the Juravinski Hospital and Cancer Centre upon completion of redevelopment, this new facility will feature a Henderson wing honoring the woman who inspired change and redevelopment so many years ago.

Nora-Frances Henderson was a politician and social activist who played an important role in the establishment of a hospital on Hamilton Mountain. She began her professional life as a newspaper reporter and editor. Nora-Frances then entered politics in 1931 and became the first woman in Canada to be elected to a municipal Board of Control. She served on Hamilton’s City Council for 16 years and was an outspoken advocate for citizens’ rights.

Throughout her career, Nora-Frances encourages women to take their place in the community. In particular, her words of encouragement led to the appointment of many women to boards of local organizations.

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Photo: Nora-Frances Henderson 1897-1949

Redevelopment at the Henderson underway continued from page 2

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Thank You

People who have breast cancer need immediate access to comprehensive cancer care services as close to home as possible. As part of the Generosity of Care Campaign for the redevelopment of Hamilton Health Sciences, the Henderson General Hospital will undergo major redevelopment, renovation and expansion, so that we can meet the needs of the growing number of cancer patients in our region.

Thanks to the generous support of CIBC, the Breast Assessment Centre at the Henderson General Hospital offers rapid diagnosis and treatment so that if the disease can be detected and treated, with a minimum of fear-discomfort and stress to our patients.

The CIBC Breast Assessment Centre will provide comprehensive breast cancer services to women in a supportive, comfortable setting. Research and education will continue to influence care for women with breast cancer. The Breast Assessment Centre brings together expert clinicians and researchers in breast health so that we can offer our patients choices in prevention, treatment and after care.

Photo: Nora-Frances Henderson 1897-1949

Redevelopment at the Henderson underway continued from page 2

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Juravinskis celebrate 50 years of marriage with $15 million donation

When Margaret and Charles Juravinski arrived at their anniversary party, they were beaming. Their smiles lit up the room as they celebrated their 50th anniversary at the Dundas Valley Golf and Curling Club on September 2, 2006. The charismatic couple is always the life of the party and the pair only created more buzz when they announced their intentions to donate up to $15 million to Hamilton Health Sciences as an anniversary gift to each other.

Both Charles and Margaret love to give. They say there is no other feeling quite like it. Perhaps that’s because they know what it’s like to need money.

Charles was born in Saskatchewan in November 1929, just as the Great Depression began. There was not a penny to spare in his household, and with no plumbing and no heat, things were far from easy. His whole family had to work to keep food on the table, which was tough because jobs were few and far between.

When Charles was 12, the Juravinski family moved to Hamilton. The outbreak of World War II had created an abundance of jobs and the Juravinskis were anxious to work. Charles was too young to fight in the war so he contributed to the household by working multiple jobs, quite often taking on up to three at a time. He picked beans, worked as a delivery boy, shined shoes and delivered newspapers.

Eventually he met Margaret, the daughter of a hard-working butcher who also struggled to get his family through the Depression. Like Charles, Margaret knew the feeling of poverty. Their relationship grew and in September 1956, they got married.

After working in the construction industry for a while, Charles and his brother-in-law, Bill McCann, decided to start their own company. They launched WilChar Construction Ltd. in 1958. Their business grew and soon they were handling multi-million dollar projects, including industrial, commercial, high-density, residential and institutional buildings.

In 1971, WilChar Construction closed its doors, and Charles moved on to bigger and different things. With no prior knowledge of racetracks or horse racing, Charles took a chance and turned a farmer’s field into Flamboro Downs, a multi-million dollar half-mile racetrack. He raced horses and ran the track devotedly for the next 30 years.

“We had very few rules for employees at Flamboro Downs, but Charlie always instilled in everybody that anybody could work for him as long as you didn’t steal from him, you didn’t lie to him and that you treated his wife and his dog with respect,” said Richard Jacob, a friend and former colleague of Charles.

Throughout his entire life, Charles has maintained an impeccable work ethic and always achieved his goals. “He’s driven, absolutely driven. He’s like one of his race horses, he gets the bit in his mouth and nothing can stop him until he accomplishes what he sets out to do,” said Bill Gregory, a long-time friend of the Juravinskis.

Add Margaret’s dedication, energy and wisdom to the mix and it’s no wonder Charles and Margaret have achieved success. Although Flamboro Downs thrived for years, the industry was changing and Charles decided it was time to move on. In 2003, he sold the racetrack to Magna Entertainment Corporation for $72 million.

Today the Juravinskis spend their time and money improving health care in Hamilton. They believe health is the most important thing people have and say there is nothing more fulfilling than knowing they are contributing to people’s health. Before they began donating their money, the Juravinskis consulted their good friends Patrick and Barbara Keenan, who have been philanthropists for years. “We said, ‘if you’re going to do this, anonymity helps no one,’” said Patrick. “Put your name out there – do it, and in that way, you’ll have an opportunity at leadership. And that’s what’s so important in philanthropy – it’s to accept the fact that you’re going to be a target, but it’s a very worthy target.”

Since 2003, Juravinski has become a household name in this area and both Margaret and Charles have established themselves as strong leaders within this community. They’ve led by example and encouraged others to give. In the process, they’ve also become a source of inspiration.

The Juravinskis’ gifts to health care in the Hamilton region

- **$15 million** – Cornerstone of Care Campaign (Hamilton Health Sciences)
- **$5 million** – Juravinski Cancer Centre (Hamilton Health Sciences)
- **$2 million** – Hamilton General Hospital Cardiac Surgical Suite (Hamilton Health Sciences)
- **$1 million** – Surgical Endowment Fund (Hamilton Health Sciences)
- **$7 million** – St. Joseph’s Healthcare Hamilton
- **$5 million** – St. Peter’s
- **$5 million** – St. Joseph’s Villa
- **$2 million** – Wellwood Centre
- **$1 million** – McMaster University
- **$43 million**
Anne Court has three important reasons to appreciate the top-notch health care at Hamilton Health Sciences: her husband, her sister and her grandson, whose lives were saved.

After observing first-hand the care and compassion provided by doctors, nurses and staff, Anne shared her story and reasons for supporting our hospitals.

Dear Hamilton Health Sciences,

On March 27, 2002, my husband suffered a heart attack and was taken to Henderson Hospital. He spent some time at the Henderson and was then transferred to Hamilton General Hospital. After several tests, it was determined he would need heart surgery. A quintuple bypass was performed three weeks later. He responded well and was able to return home soon after.

One year later, in April 2003, my sister Mildred had a fall. Other than a few scrapes she seemed to be fine. However, sometime later she had trouble keeping up with daily tasks. A CT Scan examination at Hamilton Hospital revealed that she had an internal head injury. Mildred was transferred to Hamilton General Hospital where she underwent surgery and rehabilitation. She spent two months in the hospital recovering.

On November 15, 2003, my grandson was walking home from his friend’s house and was struck by a vehicle. He was in serious condition with life-threatening injuries and was taken to Hamilton General Hospital where staff in the trauma program performed a miracle and put his broken body back together. After months of recovery and rehabilitation he was able to come home on February 26, 2004. The next year was a lot of occupational therapy, doctors’ appointments and therapy at Chedoke Hospital.

At this time, I would like to say that all three of my relatives are doing well. My sister is able to lead a very active life and celebrated her 81st birthday in January. My husband is woodworking and able to do chores around the house, and my grandson has come a long way and celebrated his 21st birthday this summer.

I have many reasons to support Hamilton Health Sciences in every way I can, and making monthly donations allows me to do so. I feel that without the care and compassion from the dedicated doctors, nurses and staff, I may not have my loved ones with me.

I would like to take this opportunity to once again thank everyone for their help and compassion during a very trying time for our family.

Sincerely, Anne Court

In turn, the staff at Hamilton Health Sciences would like to extend their gratitude to the Court family and the other donors who make a difference to the quality of health care our hospitals provide to patients in our region. Our donors provide the necessary funds to purchase medical and surgical equipment, conduct medical research and enable staff to learn about innovative treatments through education bursaries.

If you or your family would like more information about the Foundation’s Giving programs, please contact the Foundation at (905) 522-3863.

Thank you

The new Dofasco Heart Investigation Unit is a shining example of what the Cornerstone of Care Campaign for the redevelopment of Hamilton Health Sciences is all about – improving health care for all the residents of our region. Now one of the most sophisticated cardiology centres in the country, the Hamilton General Hospital is recognized as a leader in the field of cardiac care.

Through the generosity of Siemens, the Family Quiet Room in the Dofasco Heart Investigation Unit offers a private place to unwind for family and friends who are visiting a loved one.

Thanks to this generous donation, we are making something great even greater. In partnership with the Government of Ontario, the Cornerstone of Care Campaign will make an investment of more than $200 million that will result in modern clinical and research environments and new medical technology to serve the health care needs of everyone in our region.
Endowed chair will keep all-star vascular team at top of their field

Dr. Jacques Tittley, head of vascular surgery at Hamilton Health Sciences, and clinical assistant professor at McMaster University, has been chosen as the inaugural holder of The Beamish Family Chair in Peripheral Vascular Surgery.

The chair has been established with a $1 million donation by the WB Foundation, which is a foundation set up by Bob and Marilyn Beamish and their children, and representatives of Woodbridge Corporation. The Foundation supports health care and medical research initiatives. The donation for the endowed chair is being matched by McMaster University.

In addition, the WB Foundation is giving $40,000 a year for travel scholarships for vascular surgeons, through Hamilton Health Sciences Foundation.

“Vascular surgery is a dynamic field,” said Dr. Tittley. “This endowed chair, and the travel scholarships, will ensure our all-star team in Hamilton remains at the top of its game.”

As chair, Dr. Tittley will promote the advancement of training and research in vascular surgery at Hamilton Health Sciences and the Michael G. DeGroote School of Medicine. The travel scholarships, he said, will allow trainees to travel the world to keep up with the latest innovations, and then share the new skills in Hamilton.

“Under Dr. Tittley’s leadership, Hamilton Health Sciences has become a provincial leader in vascular surgery,” said Brenda Flaherty, executive vice-president of clinical operations at Hamilton Health Sciences. “This new chair will ensure that he and other members of the vascular surgery team are able to pursue their vital academic and research initiatives while continuing to provide great patient care at Hamilton General.”

Representatives from the WB Foundation, Hamilton Health Sciences and McMaster University DeGroote School of Medicine celebrated a $1 Million gift to establish an Endowed Chair in Vascular Surgery. From left to right: Dr. John Kelton, Dean and Vice President of Faculty of Health Sciences, David Stockall, WB Foundation Board Member, Heather Beamish, Marilyn Beamish, Bob Beamish, Dr. Jacques Tittley, the Inaugural holder of the Chair, Dr. Peter George, President of McMaster University, Michael Farrell, President and CEO of Hamilton Health Sciences Foundation.

Renowned Canadian artist, Conrad Furey, who hails from Newfoundland, has achieved lifelong success by expressing his everyday observations through art. Conrad’s art is included in prestigious public, corporate and private collections across Canada. Locally, his work can be seen at Gage Park, McMaster Children’s Hospital, Hamilton General and the Juravinski Cancer Centre (JCC).

A visitor perusing the dozens of pieces of work in Conrad’s studio near Gage Park would see a range of vibrant scenes depicting real life moments. Some of his works represent fond memories of his east coast upbringing, concerts and sporting events. Other works simply feature children playing, people laughing, and one even resembles the beginning of a self-portrait.

Although diverse, each piece has a common link: they all capture an emotive moment in time based on a real life experience. They exude an innocent quality, and transform people and scenes into vibrant, distinct and exaggerated artistic characters, and places.

And, similar to all of Conrad’s projects, his latest work of art began with a personal experience.

Four years ago, while working as a professional artist, Conrad was diagnosed with colon cancer, and soon after was welcomed into Hamilton Health Sciences’ community as a patient. Through the years, Conrad spent much time at the JCC, and like most cancer patients, was profoundly affected by the diagnosis and also his experience during treatment. Conrad soon found a familiarity at the JCC, and notoriety among the staff he encountered on his life journey.

Conrad began documenting his journey and the people he met. Stroke by stroke he naturally expressed his most profound emotions and realities through his art.

Earlier this year, Conrad sketched out what will be a 30-foot wood construction, capturing his interaction with Hamilton Health Sciences staff, his supportive wife, and caregivers. It encompasses a rainbow of emotions and memories of his journey with cancer.

Scheduled for completion this fall, the massive tribute and expression of one notable patient’s most personal journey will be housed in the JCC above the art gallery and Hummingbird Café, honouring his caregivers and sharing his journey with other patients and visitors.

His latest work of art will complement a vision developed by the JCC of utilizing art as a healing therapy. This environment works to provide patients with a physical atmosphere that is warm and inviting by incorporating pottery. Inuit sculptures and various forms of artwork that bring peace to a patient or visitor’s trip.

For more information about Conrad Furey and his work, visit his website at conradfurey.com.
HELP! Volunteers needed

The Hospital Elder Life Program (HELP) at Hamilton Health Sciences provides special support to senior patients who benefit from mental stimulation and socialization. It focuses on older persons because they are particularly vulnerable to decline once they are hospitalized. Specially trained volunteers encourage activities that have been prescribed for each patient. Simple activities like reminiscing, playing games and helping them go for a walk keeps the patients alert.

The HELP program is growing and more volunteers are needed, particularly for the Henderson site. Training involves 12 hours of class time and 15 hours of orientation on the wards. The next training session will begin in January 2007. Anyone interested in joining the HELP team is invited to contact Jody Cerello, Coordinator, McMaster Volunteer Resources at (905) 521-2100, ext. 75349 or Liz DeLuca, Henderson Volunteer Resources at (905) 521-2100, ext. 42105.

The Mac Kids Invitational 2006 held in late August at Taboo Golf Resort was a resounding success. Thanks to the dedication and commitment of each and every player, the event raised more than $200,000 this year and more than $800,000 since its inception four years ago.

All of the proceeds from the tournament will help to fund the state-of-the-art endosuite at McMaster Children’s Hospital (MCH). Over the past 10 years, MCH has developed one of the most advanced pediatric minimal access surgery programs in Canada, and with the addition of the new endosuite, MCH is now positioned at the forefront of pediatric minimal access surgery both nationally and internationally. The endosuite allows MCH to provide pediatric patients with the best care possible, with a focus on less pain and scarring, the ability to return home sooner, and quicker recovery periods.

Staff in the endosuite currently care for children with some of the most complex needs world-wide through high-tech digital imaging. The vision for the future is to perform even more complex surgeries on more children and to share knowledge with physicians and health care professionals across the globe.

The commitment and dedication of the tournament’s voluntary chairs, David Ippolito, John Mathioudakis and Rob West, have made the Mac Kids Invitational one of the most successful charitable golf tournaments in the country, helping McMaster Children’s Hospital continue to provide first-rate care for children.

Everyone wins at the Mac Kids Invitational

The Critical Care Medicine program at McMaster University Medical Centre (MUMC) provides specialized care to critically ill patients from Hamilton and throughout the region. Currently, pediatric and adult patients requiring critical care are treated in the same Intensive Care Unit (ICU). Through the redevelopment of MUMC’s ICU, separate care areas for adults and children will be created to meet the special needs of all our patients.

Thanks to a generous donation from Great-West Life, London Life and Canada Life to the Cornerstone of Care Campaign, the Family Quiet Room in the Adult Intensive Care Unit will ensure there is a peaceful, private place to retreat to for family and friends visiting a loved one.

The Juravinski Cancer Centre at Hamilton Health Sciences is also the grateful recipient of a gift from Great-West Life, London Life and Canada Life. Through the Hope Can’t Wait Campaign, patient services have been improved by an expansion of facilities and a reduction in wait times.

On behalf of all the patients and staff of Hamilton Health Sciences, thank you.

Thank You
Coming Events

Gord Armes/Bill Hamilton Memorial Golf Tournament
October 7, 2006

The tournament starts at 11 a.m., registration is $100. For more information call 905-521-2100 ext. 76871.

Lymphoma: The Journey Forward
November 4, 2006

This conference is for lymphoma patients and their families and is hosted by the Juravinski Cancer Centre and Lymphoma Foundation Canada. The event takes place at the Hamilton Convention Centre from 9 a.m. to 4 p.m. Registration is $30. For more information or to register, please call 1-866-659-5556 or visit www.lymphoma.ca/lymphomathenjourneyforward.

Annual donor recognition celebration

In Memory of John Fedak
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If you would like more information about Donor Recognition, please contact Megan Dunlop-Elms at the Foundation at (905) 522-3863 ext. 76787.

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Dr. Adrian and Mrs. Irene Hornich
James Kemp Construction Limited
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The Zhya Family

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James Kemp Construction Limited
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